ROYAL COLLEGE
OF PHYSICIANS AND SURGEONS OF CANADA

M MAINPORT

The Royal College of Physicians and Surgeons of Canada has redesigned the **MAINPORT** web application.

The revamped MAINPORT is a powerful tool to assist you not only in documenting your learning activities and outcomes, but also in helping you plan and manage your continuing professional development with access to learning resources and programs.

MAINPORT:
http://mainport.royalcollege.ca

To log in to MAINPORT, you will need your Royal College ID number and password.

NEED HELP?
Contact the Membership Services Centre: 1-800-461-9598 or cpd@royalcollege.ca
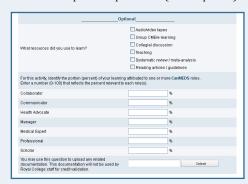
How to enter a CPD activity

1. Click on **Enter a CPD Activity** button.

2. Click on the drop down arrow beside Group Learning, Self-Learning or Assessment Activities.

3. Choose the activity type (e.g. PLP).

4. Enter the required fields (marked with red asterisks).

5. Answer the optional questions (not required).

6. Click **Continue**.

7. Click **Confirm** if the data on the confirmation page is correct to save your activity.

How to Revise/ Delete a CPD Activity

From My CPD Activities List tab

To Revise a CPD activity:

1. Click the **Revise** button beside the activity you want to update.

2. This will open this specific activity's template.

3. Make any necessary revisions and then click **Continue**.

4. Click **Confirm**, to confirm and save your changes.

To Delete a CPD activity:

1. Click the **X** beside the CPD activity you want to delete.

2. A pop-up warning will appear to confirm that you want to delete the activity.

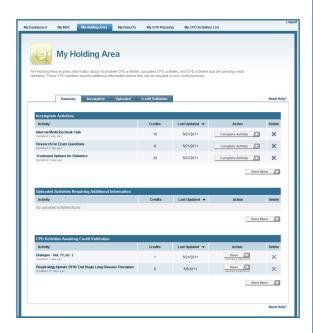3. Click **OK** to delete the activity

My MOC Page

The **My MOC** page contains information about three sections of the MOC Program. It displays the CPD activities entered categorized as Group Learning, Self-Learning and Assessment. It also includes an "Overall Credits Applied to Date" bar that graphically displays the MOC credits applied in your current MOC Cycle.

My Reports

A variety of reports are available. They provide information on your CPD and your MOC cycle.

My Holding Area

The **My Holding Area** of MAINPORT contains three kinds of CPD activities that are not fully entered into MAINPORT or saved into your Credit Summary.
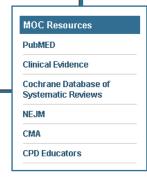
These are incomplete activities, uploaded activities, and activities awaiting credit validation.

The most recent Holding Area activities also appear on the **My Dashboard** page.

NEED SOME INSPIRATION?

MOC RESOURCES

Links to popular learning resources, objects and tools are available on the **My Dashboard** page:

MOC Resources
- PubMED
- Clinical Evidence
- Cochrane Database of Systematic Reviews
- NEJM
- CMA
- CPD Educators

CPD PLANNING TOOL

The CPD Planning Process document, available on the **My Dashboard** page, provides MOC Program participants with a tool to:

CPD Planning Process
- CPD Planning Process

- **Develop a CPD plan that integrates multiple learning strategies**
- **Identify specific goals you would like to accomplish in the coming year.**