



# Preliminary Agenda 2014

## Weight Times in Perinatal Health Conference

Common Room - Atlantica Hotel, Halifax

THURSDAY, October 2 <sup>nd</sup> , 2014	
6:15 pm - 7:00 pm	
<b>Registration &amp; Reception</b>	
Donations gratefully accepted for Feed Nova Scotia	
7:00 pm - 7:30 pm	Speaker <b>Dr. Anthony Armson</b>
	<i>Pregnancy-related excess maternal weight: Current knowledge and future directions</i>
7:30 pm - 8:00 pm	Speaker <b>Lynn Langille</b>
	<i>Looking at obesity through a health equity lens</i>
8:00 pm - 9:00 pm	Discussion
FRIDAY, October 3 <sup>rd</sup> , 2014	
7:30 am - 8:15 am	
<b>Registration &amp; Reception</b>	
Donations gratefully accepted for Feed Nova Scotia	
8:15 am - 8:30 am	Welcome <b>Dr. Krista Jangaard</b>
8:30 am - 8:45 am	Speaker <b>Dr. Robert Strang</b>
	Opening Remarks: Chief Public Health Officer, Nova Scotia Department of Health and Wellness
8:45 am - 9:30 am	Speaker <b>Dr. Sara Kirk</b>
	<i>The Wicked Problem of obesity: current progress and future directions for prevention (and management)</i>
9:30 am - 10:15 am	Speaker <b>Dr. Christy Woolcott</b>
	<i>Pregnancy-related weight in Nova Scotia, 2003-2013</i>
10:15 am - 10:45 am	Nutrition and stretch break
10:45 am - 11:30 am	Speaker <b>Meaghan Sim, Dr. Sara Kirk, &amp; Dr. Megan Aston</b>
	<i>When mothering doesn't "measure up" - breastfeeding in the context of excess maternal weight</i>
11:30 am - 12:15 pm	Speaker <b>Dr. Krista Jangaard</b>
	<i>"Weight and See" - Impacts of maternal overweight and obesity on neonatal and childhood outcomes</i>
12:15 pm - 1:15 pm	Nutrition and stretch break
1:15 pm - 2:15 pm	Speakers <b>Dr. Michael Vallis &amp; Dr. Helena Piccinini-Vallis</b>
	<i>A Patient-Centered Minimal Intervention Method for Addressing Gestational Weight Gain'</i>
2:15 pm - 3:00 pm	Speaker <b>To be confirmed</b>
	<i>Food security and its link to health outcomes</i>
3:00 pm - 3:15 pm	Nutrition and stretch break
3:15 pm - 4:00 pm	Panel Discussion <b>Community-based programs &amp; supports</b>
4:00 pm - 4:15 pm	Reflections on the Day <b>Dr. Frank Atherton</b>
4:15 pm - 4:30 pm	Closing Remarks <b>Rebecca Attenborough</b>