



Patient Information Early Pregnancy Complications Clinic

You are being referred to the Early Pregnancy Complications Clinic at the IWK.

A nurse from the clinic will phone you 24-48 hours after getting your referral to book your appointment time.

- Location:** Early Pregnancy Complications Clinic (EPCC)
6A Women's Ambulatory Clinics,
6th Floor of the Women's Site (first entrance off University Avenue behind the fire station)
IWK Health Centre, University Avenue
- Phone Number:** 1-902-470-6828
- Clinic Hours:** Monday to Friday 8:30 AM to 10:00 AM

What to Expect:

- A phone call from the clinic nurse within 24-48 hours of receiving this information.
- You may be asked to come to the IWK before your appointment to have your blood drawn. Please bring your Health Card and all the medications that you take with you (prescribed and over counter supplements).
- Go to the registration desk when you come into the clinic on the 6th floor. The clerk will ask you some questions and will 'register' you as a patient.
- The clinic doctor will discuss what options you may have, such as:
 - 1) Doing nothing but waiting for any tissue to pass from your womb (uterus).
 - 2) Taking medication to help the tissue pass.
 - 3) Having a procedure called a Dilatation and Curettage (D&C) to surgically remove any tissue still in your uterus.
- If you and your doctor think a D&C is the best choice for you, it is usually not done on the same day as your appointment. It would be booked for a different date. If you have any questions or concerns, you can call the clinic and leave a message at 470-6828. A nurse will call you back during clinic hours.

Please go to your nearest adult emergency department if:

- You have bleeding from your vagina, which soaks more than 1 pad in an hour.
- Any other symptoms that worry you.

** Please note the IWK does not have an adult emergency department.*

Please call your family doctor or call the clinic at 470-6828 if:

- Cramping gets worse or lasts for more than 2 days.
- You get a fever; have a smelly discharge from your vagina, or have any other symptoms that worry you.
- If you are unable to come to the appointment, please let your family doctor and the EPCC clinic know.