

People Leader Consultations

Dealing with an employee who needs help can challenge people leaders and drain you and your team of precious time, energy and resources.

With advanced training and a thorough understanding of the organization's policies and practices, Shepell·fgi specializes in providing in-depth consultations to people leaders. Whether the situation involves disruptive behaviour, threats of violence or self-harm, or inappropriate behaviour in public or in safety-sensitive environments, you can count on your Employee Assistance Program (EAP) to help you manage through a situation that you may not know how quite to handle.

You can call and have a confidential consultation with a caring professional on how to handle sensitive employee issues, explore options, brainstorm solutions and work on action plans. Your EAP will work with you as a People Leader to discuss available resources and the best way to support either an individual employee or your team.

Confidential coaching is available on a range of sensitive issues including:

- serious illness;
- eating disorders;
- career changes;
- cross-cultural communication;
- personal hygiene issues;
- expression of suicidal thoughts;
- harassment;
- difficult personalities;
- inappropriate or atypical behaviour;
- medical conditions;
- fragile or emotionally sensitive employees; and/or
- concerning behaviour or appearance

For an immediate people leader consultation call the Shepell·fgi Care Access Centre at 1.800.461.5558