

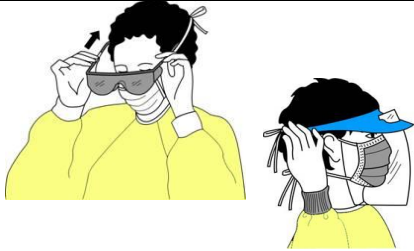
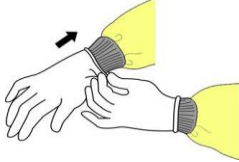


# Putting on Personal Protective Equipment (PPE)

Combination of PPE required will affect sequence – be practical in your approach.

Order is not critical.

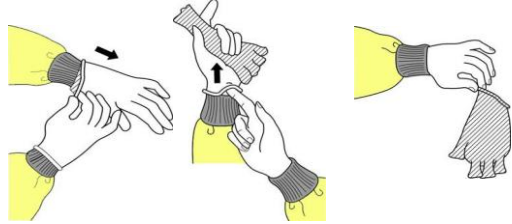

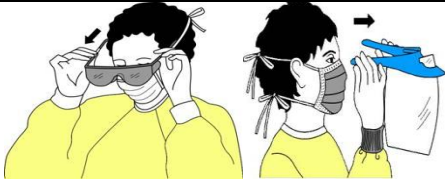

## Clean Your Hands Before Putting on PPE

<p><b>1. Gown</b>          Long sleeved          Tied in back at neck and waist.</p>		<p>If the gown is too small, use 2 gowns:          Gown #1 ties in front,          Gown #2 ties in back</p>
<p><b>2. Mask/Respirator</b></p>		<p>Place over nose, mouth and chin.          Fit flexible nose piece over nose bridge.          Secure on head with ties or elastics.          Adjust to fit.</p>
<p><b>3. Eye and Face Protection</b></p>		<p>Eye glasses are not considered protective eyewear.</p>
<p><b>4. Gloves</b></p>		<p>Select the correct type and size.          Extend gloves over gown cuffs to cover wrists when wearing a gown.</p>

Images are from the © Centers for Disease Control and Prevention (CDC), 2011. Guidance for the Selection and Use of Personal Protective Equipment (PPE) in Healthcare Settings. Retrieved May 16, 2012 from <http://www.cdc.gov/HAI/prevent/ppe.html>

# Removing Personal Protective Equipment (PPE)

The sequence is important because you are now “contaminated” i.e. dirty. A sequence is required to limit the risk to you.

<b>Remove PPE at the doorway (exception: N95 respirators)</b>		
<b>1. Gloves</b>		Gloves are dirtiest, remove them first.
<b>2. Gown</b>		Unfasten ties. Peel gown away from neck & shoulders. Fold or roll into a bundle & discard.
<b>Clean Your Hands</b>		
<b>3. Eye and Face Protection</b>		
<b>4. Mask/ Respirator</b>		Handle only by ties. Discard.
<b>Clean Your Hands</b>		