

Healthy Living with Daily Products

Developed by the Integrated Chronic Care Service at Capital Health

Fragrance Free or Unscented Products that Contain Chemicals

Laundry

Tide Free & Gentle
PC Free
Kirkland Free & Clear Ultra
Sunlight Sensitive Skin
Eco Free & Clear

Shampoo/Conditioner

Cliniderm
Naturelle – Hypo Allergenic & Fragrance Free

Body Wash

Aveeno Fragrance Free
Natural Concepts Oatmeal Fragrance Free
Dove Unscented

Beauty Soap Bar

Dove Sensitive Skin
Goat Milk soap - unscented

Body/Hand Lotions

Lubriderm – unscented
Jergens Ultra Care – fragrance free
Aveeno – fragrance free

Hair Gel

Naturelle – fragrance Free
Dippity-Do Unscented Sport Gel
Quantum Micro V Fix Gel
Magik Botanicals

Hair Spray

Naturelle – fragrance Free
Magik Botanicals

Stain Remover

Natures Clean oxygen bleach or powder

Hair Dye

Herbatint
Tints of Nature

* If you are scent sensitive, use fragrance free shampoo & conditioner instead of the products included in the package.

Facial Care

Clinique – Full line of fragrance free skin care products
Marcelle – Full line of fragrance free skin care products

Cosmetics

Clinique – full line of cosmetics
Marcelle – full line of cosmetics
La Roche Posey – sensitive skin makeup
Purminerals – pressed mineral makeup

Deodorant

Secret unscented – solid
Mitchum unscented – solid
Marcelle Essentials – roll on
Dry Idea – unscented roll on
Avon – On Duty unscented roll on

Shaving Cream/Gel

Gillette Fragrance Free
Kiss My Face