

Walking Kit Evaluation

In an effort to keep our resources up to date and useful, the Healthy Workplace Department wants your input! Please give us your feedback by using this form or contacting us directly.

1. Did you find the Walking Kit useful?

- Yes
- No

Why or why not?

2. What did you like about the Walking Kit?

3. What did you not like about the Walking Kit?

4. Do you have a walking route that you would like to share? Please describe your walking route below.

Other Comments/Suggestions:

Thank you!!!

Please return to:

Laura Kaulback, Healthy Workplace (Capital Health, Nova Scotia)
1278 Tower Rd. VG Site - 7B Centennial building, Room 110
Halifax, N.S. B3H 2Y9
or fax to: 902-473-3268