

Central Zone

Pathology and Laboratory Medicine Memorandum

To: Nova Scotia Healthcare Providers

From: Dr. Todd Hatchette – Chief of Service, Division of Microbiology

Charles Heinstein- Manager, Division of Microbiology

Date: November 30, 2021

Subject: Changes to Testing for Respiratory Viruses

The Central Zone Microbiology laboratory at the QEII utilizes an algorithm-based approach for the detection of respiratory viruses which varies depending on the timing of the influenza season. The following changes have been implemented effective November 15th based on the peak season algorithm:

- All inpatients or LTC facilities with ILI and patients presenting to the ER with ILI that require admission will be tested for influenza A, influenza B and RSV, as well as SARS-CoV-2.
- Community specimens will only be processed for SARS-CoV-2.
- Saline gargles will be processed for SARS-CoV-2, but will not be processed for influenza A, influenza B and RSV testing.
- Expanded respiratory virus testing (for respiratory viruses other than influenza A, B, RSV or SARS-CoV-2) will be limited to immunosuppressed patients or those in the intensive care unit (ICU).
- Expanded respiratory panels will only be processed for patients in whom the primary influenza A/B/RSV test results was negative.

If you have any questions, please do not hesitate to contact the laboratory at (473-6881) or Dr. Hatchette (473-6885)