

Point-of-Care Research Training Program for Health Professionals

Capital Health and Dalhousie University Faculty of Health Professions, through the School of Health Sciences, have jointly implemented the Point-of-Care Training Program. The first year pilot program has been completed and the program has undergone some revisions. This year the program had thirteen applicants and, with only eight available spaces, interviews were held to identify those who best fit the program. The new participants are enthusiastic self-starters who come to the program with research questions arising from their own clinical experience.

One of the participants from the pilot group, Ann Nelson, PT, has completed her research proposal in conjunction with her mentor, Dr. Marie Earle. Her project *Does a Once Weekly Exercise Class Maintain the Balance and Mobility Achieved during 6-8 weeks Geriatric Day Hospital Program?* is scheduled to begin in January 2011.

The new participants have completed several training sessions on searching and appraising literature. All participants are auditing a research methods course through the School of Health Sciences and have begun working with their mentors to develop a research proposal. This year participants self-selected their mentors. These mentors, who volunteer their time and expertise, are integral to the success of the participants and the program. Participants will finalize their protocols over the course of five workshops beginning in January 2011 and plan to submit applications to Capital Health Research Fund in March 2011.

Point-of-Care Participants Group 2		
Name	Role	Research Interest
Trish Bilski, RN, MN	Clinical Nurse Specialist-Veteran's Memorial Building	Falls Action Care Team: Reduction of Falls through Personalized Intervention(s)
Lisa Boucher, RN, MN	Public Health Nurse - Communicable Diseases	Identification of the Best Method for Educating Individuals with Lab Confirmed Chlamydia
Darlene Davis, RN, NP	Nurse Practitioner-Pain Services	Impact on Patient Care After the Individuals have taken the Pain Resource Professional Program
David Landry, RN, NP	Nurse Practitioner-Nephrology	Impact of Nursing Interventions on the Treatment Choices of Patients with Chronic Kidney Disease
Ruth Plant, PDt	Dietician –Critical Care	Effectiveness of <i>New Guidelines for Nutrition in the Critically Ill</i> in the Morbidly Obese Patient
Amanda Hudson, Clinical Counselor	Program Development-Addiction Services	Does the <i>My Choice Workbook</i> Reduce Alcohol Use?
Heather Peddle-Bolivar, RN	Clinical Nurse Educator	Does Expanding the Scope of ER Nurses Reduce Wait-times?
Colleen Blanchette, OT	Transitional Care Unit and Palliative Care	Identification of Barriers for Discussions of Sexuality in the Elderly.