PUBLIC HEALTH SERVICES (PHS) - BURNSIDE

Contributed by Lisa Sutherland

20 minutes / 1.4 km

Walk down John Savage Ave to the playing fields at Commodore Drive and return. This is 1.4 km return and takes approximately 20 minutes at a moderate pace.

5 minutes/0.5 km

Walk once around the building PHS is located in. This is 0.5 km and takes approximately 5 minutes at a moderate pace.

