# **QEII**

The QEII is made up of 10 buildings located on two sites, the Halifax Infirmary site and the Victoria General site.

## 20-25 minutes

Walk around the cemetery (Summer St, Veterans Memorial Lane, Robie St and University Avenue).

### 20-25 minutes

From the Centennial Building, walk down Tower Road, turn right onto Inglis St, then right onto Robie St, right onto University Ave and back to the VG Site.

## 25-30 minutes

From the Bethune Building, walk through the park between Tower Rd and South Park St to the corner of Spring Garden and South Park St. Walk through the Public Gardens (or around the Public Gardens if they aren't open) to the corner of Summer St and Sackville St. Walk around the cemetery (Summer St, left onto Veterans Memorial Lane, left onto Robie St, left onto University Ave) and back to the VG site.

### 20-25 minutes

# Contributed by Barry Morshead:

I work for Information Technology Services (ITS) in the Bethune Building and I walk everyday at lunch. I find it is a wonderful way to break up the day. My route is leaving the Bethune Building; I walk through Victoria Park, down Spring Garden Road to Barrington, then South on Barrington, returning to the Bethune Building via Morris Street. I believe this route is approximately 2 km. It's not a great deal of distance or time, but it sure is nice to get out of the office for that 20 minutes. I walk this pretty much all year, unless the weather is either bitterly cold, or raining.



