

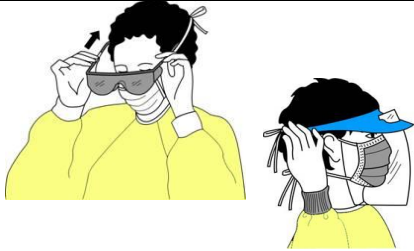
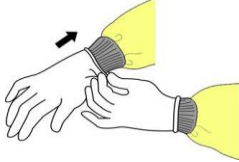


Putting on Personal Protective Equipment (PPE)

Combination of PPE required will affect sequence – be practical in your approach.

Order is not critical.

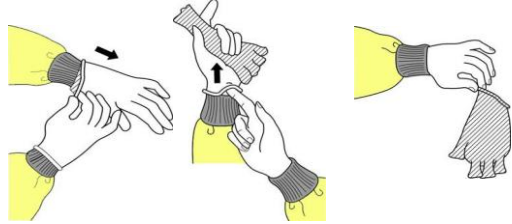

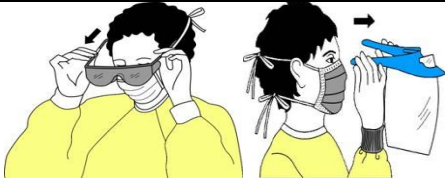

Clean Your Hands Before Putting on PPE

<p>1. Gown Long sleeved Tied in back at neck and waist.</p>		<p>If the gown is too small, use 2 gowns: Gown #1 ties in front, Gown #2 ties in back</p>
<p>2. Mask/Respirator</p>		<p>Place over nose, mouth and chin. Fit flexible nose piece over nose bridge. Secure on head with ties or elastics. Adjust to fit.</p>
<p>3. Eye and Face Protection</p>		<p>Eye glasses are not considered protective eyewear.</p>
<p>4. Gloves</p>		<p>Select the correct type and size. Extend gloves over gown cuffs to cover wrists when wearing a gown.</p>

Images are from the © Centers for Disease Control and Prevention (CDC), 2011. Guidance for the Selection and Use of Personal Protective Equipment (PPE) in Healthcare Settings. Retrieved May 16, 2012 from <http://www.cdc.gov/HAI/prevent/ppe.html>

Removing Personal Protective Equipment (PPE)

The sequence is important because you are now “contaminated” i.e. dirty. A sequence is required to limit the risk to you.

Remove PPE at the doorway (exception: N95 respirators)		
1. Gloves		Gloves are dirtiest, remove them first.
2. Gown		Unfasten ties. Peel gown away from neck & shoulders. Fold or roll into a bundle & discard.
Clean Your Hands		
3. Eye and Face Protection		
4. Mask/ Respirator		Handle only by ties. Discard.
Clean Your Hands		